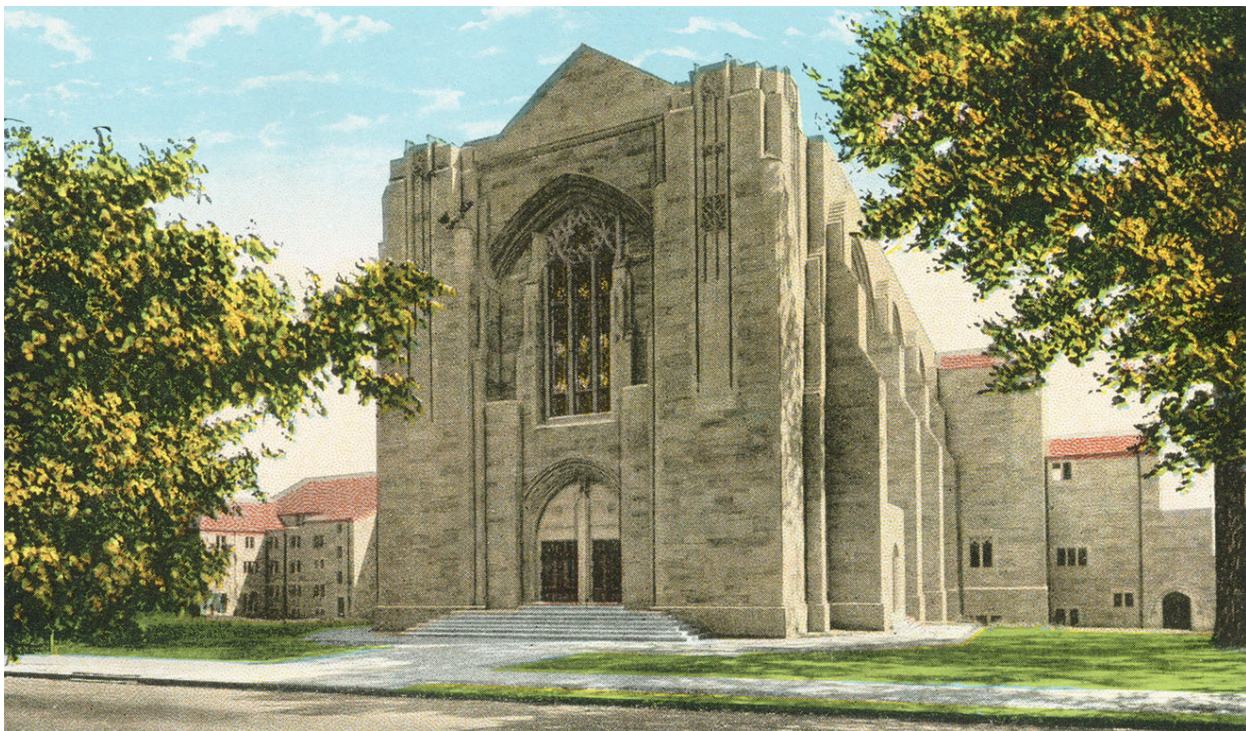


Centenary

UNITED METHODIST
WINSTON-SALEM



"SHARING FAITH FOR ALL THE GOOD WE CAN DO"
PHILEMON 1-7

SUNDAY, SEPTEMBER 8, 2019
11:00 AM SANCTUARY

WELCOME!

Welcome to Centenary United Methodist Church.

Thank you for worshipping with us today! We are grateful for your presence and invite you to participate in our worship, program and ministry life here at Centenary. We hope the worship will inspire and comfort you as we hear God's message proclaimed. Current ministry and event opportunities may be found in the announcements portion of the bulletin. Our ministers, staff and ushers are happy to assist you with any questions you may have.

Stay Connected with Centenary



PODCAST

Apple iTunes & Google Play



FACEBOOK

centenarymethodist



WEBSITE

www.centenary-ws.org



APP

Apple iTunes & Google Play

OUR VISION

Striving to be a vibrant Christian community, loving God and loving neighbor downtown and throughout the region.

PARTICIPATING IN WORSHIP

PREACHING

The Reverend Dr. P. Glenn Kinken III

LECTOR

Third Grader

LITURGISTS

Tamara M. Pollock

The Reverend Jeremy Pegram

DIRECTOR OF MUSIC MINISTRIES

Jonathan Emmons

ORGANIST/MUSIC ASSOCIATE

Susan Bates

CHOIR

The Chancel Choir

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One License A-707342

By entering the Sanctuary, you grant to Centenary United Methodist Church unrestricted right to use and publish, transmit or telecast photographs or likenesses that might be taken of you this day for use in communications related to the church.

LET US WORSHIP

Thirteenth Sunday after Pentecost • 11:00 am • September 8, 2019

THE COMMUNITY GATHERS

*The voluntary signifies the beginning of worship.
You are invited to be in a spirit of prayer and meditation.
Please silence all mobile communication devices.*

VOLUNTARY My Heart Is Filled with Joy ~ *Helmut Walcha*

GREETING & MISSION MOMENT *We invite you to pass the Fellowship Folder located at the end of the pew.*

INTROIT Come, Christians, Join to Sing ~ *SPANISH HYMN*

*CALL TO WORSHIP You have searched me, Lord, and you know me.
Psalm 139: 1-6 **You know when I sit and when I rise; you perceive my thoughts from afar.**
You discern my going out and my lying down; you are familiar with all my ways.
Before a word is on my tongue you, Lord, know it completely.
You hem me in behind and before, and you lay your hand upon me.
Such knowledge is too wonderful for me, too lofty for me to attain.

*HYMN OF PROCESSION #529 How Firm a Foundation ~ *FOUNDATION*

*AFFIRMATION OF FAITH We are not alone, we live in God's world.

We believe in God: who has created and is creating, who has come in Jesus, the Word made flesh, to reconcile and make new, who works in us and others by the Spirit. We trust in God. We are called to be the church: to celebrate God's presence, to love and serve others, to seek justice and resist evil, to proclaim Jesus, crucified and risen, our judge and our hope. In life, in death, in life beyond death, God is with us. We are not alone. Thanks be to God. Amen.

*GLORIA PATRI #71 Glory Be to the Father ~ *GREATOREX*
Glory be to the Father and to the Son and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end. Amen.

PRAYERS OF THE PEOPLE

THE LORD'S PRAYER **Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever. Amen.**

PRESENTATION OF BIBLES

WE HEAR THE WORD PROCLAIMED

CANTICLE

Lord, I Want to Be a Christian ~ *arr. Moses Hogan*

Lord, I want to be a Christian in my heart. Lord, I want to be more holy in my heart. Lord, I want to be like Jesus in my heart.

SCRIPTURE Philemon 1-7

This letter is from Paul, a prisoner for preaching the Good News about Christ Jesus, and from our brother Timothy. I am writing to Philemon, our beloved co-worker, and to our sister Apphia, and to our fellow soldier Archippus, and to the church that meets in your house. May God our Father and the Lord Jesus Christ give you grace and peace. I always thank my God when I pray for you, Philemon, because I keep hearing about your faith in the Lord Jesus and your love for all of God's people. And I am praying that you will put into action the generosity that comes from your faith as you understand and experience all the good things we have in Christ. Your love has given me much joy and comfort, my brother, for your kindness has often refreshed the hearts of God's people. (NLT)

This is the word of God for the people of God. **Thanks be to God.**

HYMN

#601 Thy Word Is a Lamp ~ *THY WORD*

(Children, kindergartners through third grade, are invited to exit the Sanctuary for Children's Worship. Children will return to reserved pews in the Sanctuary at the close of worship.)

SERMON

"Sharing Faith for All the Good We Can Do"

MOMENT OF SILENT REFLECTION

WE RENEW OUR COMMITMENT

INVITATION TO OFFERING

OFFERTORY

If You But Trust in God to Guide You ~ *David Cherwien*

If you be trust in God to guide you, with hopeful heart through all your ways, you will find strength, with God beside you, to bear the worst of evil days; for those who trust God's changeless love build on the rock that will not move. What gain is there in futile weeping, in helpless anger and distress? If you are in God's care and keeping, in sorrow will God love you less? For Christ who took for you a cross will bring you safe through every loss. Be still, and wait God's pleasure in cheerful hope, with heart content, trusting that grace which knows no measure will by unbounded love be sent; nor doubt our inmost wants are clear to One who holds us always near. Sing, pray, and keep God's ways unswerving; offer your service faithfully, and trust God's word, though undeserving, there find the truth to set you free; God will not fail to guide and bless those who embrace God's faithfulness.

*DOXOLOGY

#95 Praise God, from Whom All Blessings Flow ~ *OLD 100th*

Praise God, from whom all blessings flow; praise God, all creatures here below; praise God above, ye heavenly host; praise Father, Son, and Holy Ghost. Amen.

*PRAYER OF DEDICATION

Most Holy and gracious God, accept these gifts from the labor of our hands. May they be used to share the message of your love with a world that is hurting. May these gifts shine like light in the darkness offering hope, and peace. May we offer ourselves and dedicate our lives to your service this week using our talents and time to build your kingdom. All this we pray in the name of Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

RECEPTION OF
NEW MEMBERS

We give thanks for all that God has already given you and we welcome you in Christian love. As members together with you in the body of Christ and in this congregation of the United Methodist Church, we renew our covenant faithfully to participate in the ministries of the church by our prayers, our presence, our gifts, our service, and our witness, that in everything God may be glorified through Jesus Christ.

WE GO AS GOD'S PEOPLE INTO THE WORLD

*HYMN OF RECESSION

#577 God of Grace and God of Glory ~ CWM RHONDDA

*BENEDICTION

*BENEDICTION RESPONSE

The Lord Bless You and Keep You ~ *John Rutter*

*VOLUNTARY

Fugue in C Major ~ *Johann Sebastian Bach*

MEMBERSHIP

We are eager to share Centenary's story with you. If you are interested in learning about church membership, please contact Rev. Jeremy Pegram (336-724-6311 ext. 1361)/jpegram@centenary-ws.org.

WATCH

Each Sunday morning, our 11:00 am worship service is broadcast on the Internet through our Live Stream. Visit www.centenary-ws.org. Once there, scroll to the bottom of the home page and click on either the Live Stream cloud logo or the Live Stream button.

HEARING LOOP

Our Sanctuary is fitted with a Hearing Loop system.

Please switch your hearing device to T-coil.

If you need a listening device, please contact one of our ushers.

Be sure to sit on the pews located on the floor of the Nave.



LEARN MORE ABOUT CENTENARY

There is always something happening at Centenary and we invite you to join us. Learn more about Centenary offerings by visiting centenary-ws.org. You may also find us on Facebook by searching "CentenaryMethodist." To learn more about life at Centenary, contact the church office (336-724-6311) and ask to speak with a minister.

WEEKLY EMAIL

Stay connected by signing up for our weekly email blast which goes out every Thursday at 5 pm. Provide your email address on the fellowship folder pad and we will do the rest.

RENOVATION WORSHIP SCHEDULE

Sundays

8:30 am

9:00 am

11:00 am

Simplify Worship

Rejoice! Worship

Traditional Worship

Memorial Auditorium

Sanctuary

Sanctuary

Wednesdays

7:00 pm

Roots Revival

Memorial Auditorium

ANNOUNCEMENTS

CELEBRATIONS AND CONCERNS

The Chancel flowers are given in loving memory of Mary Anne Maynard by her family

The narthex flowers are given in loving memory of Ted Keith by his family.

Sympathy is extended to Rob Grubbs in the death of his mother, Margaret “Peggy” Grubbs on August 22, 2019.

IN MEMORIAM

William Dennie Spry, III
August 22, 2019

The ministers and members of Centenary Church extend their deepest sympathy to the bereaved families and pray they may know the comfort and peace of our Heavenly Father.

SENIOR ADULTS

Trip: Oberammergau Passion Play

The Oberammergau Passion Play is presented every ten years in the small town of Oberammergau, Germany. The play will be presented during the summer of 2020. This historic play portrays the events of the week leading up to, and including, the crucifixion. Working with Educational Opportunities, a nine-day trip has been planned which includes the opportunity to attend the play. Departure from Greensboro is planned for July 20, with return on July 28, 2020. This will be a great opportunity to see this historic play which will not be presented again for ten years. For further information and brochures, please contact Craig Ford: (cell) 336-831-5997, (church) 336-724-6311, ext.1353, or e-mail: cford@centenary-ws.org.

UNITED METHODIST WOMEN

Luncheon • September 9 • Noon • Memorial Auditorium

On Monday, September 9, the United Methodist Women welcome Joy Nelson Thomas to their combined luncheon. Joy is the founder and Executive Director of Learning Everyday Accomplishing Dreams (LEAD) Girls of North Carolina. LEAD Girls is dedicated to providing the tools and resources that low-income/at-risk preteen girls must have to become productive citizens and active leaders in their communities. Lunch is \$9 per person. To register, contact Mary Ceile Ogburn (336-725-7573).

ROOTS REVIVAL

Wednesday • September 11 • 7 pm • Memorial Auditorium

Roots Revival is a midweek worship service grounded in Americana/roots-based music featuring Martha Bassett and friends. Each service is filled with joy and laughter around music and God’s Word followed by Holy Communion. Learn more by contacting Rev. Bret Cogan (ext. 1334/bcogan@centenary-ws.org) or Rev. Jeremy Pegram (ext. 1361/jpegam@centenary-ws.org).

EVENT REGISTRATIONS

To register for events at Centenary, please visit the church website at www.centenary-ws.org. Once there, choose the engage tab at the top of the page and select the sign-up link. Should you need assistance, please contact our church receptionist, Juana Jasinto (ext.1300)/jjasinto@centenary-ws.org.

Sunday Morning Nursery

Children of all ages are always welcome in worship, however, each Sunday we offer nurseries for infants through pre-kindergarteners during all of our worship services as well as during Sunday School. Nurseries can be found in *The Hub* which is on the second floor just around the corner and up the steps from the East Transept of the Sanctuary.

Children's Worship during 9:00 & 11:00 am services

We love having children of all ages in worship, however, we know that some of our young worshippers benefit from worship time designed especially for them! Children kindergarten through third grade are invited to participate in children's worship during our 9 am and 11 am services. Children begin the service with their grown ups and then before the sermon are invited to children's worship in room 216 with our children's ministry staff and volunteers. The kids return to the front rows of the sanctuary with our staff and volunteers before the end of the service. Grown ups can pick up their kids in these rows when the service has finished. If you have questions or would like to help with children's worship contact Rev. Kate May (ext.1331/kmay@centenary-ws.org).

Torchbearer Training Sunday • September 15

As our kids go into fourth grade, they have the opportunity to serve in the role of worship leader as torchbearers. These kids bring the light of Christ into our 11 am worship service, help serve communion, and take the light back into the world reminding us of our call as Christians to share the light of Christ. Torchbearer training will be Sunday, September 15 following the 11 am worship service and is open to any fourth through sixth grader who would like to serve as a torchbearer. Watch your mail as an invitation to participate is on its way! Want to make sure that your child is included? Contact Rev. Kate May (ext.1331/kmay@centenary-ws.org).

Fourth and Fifth Grade Retreat to Camp Merriwood October 4-5

Our 4th and 5th graders are invited to attend a district retreat at Camp Merriwood in Clemmons. At this retreat our kids will be able to fellowship and learn with kids from churches all over Winston-Salem. We'll have games, service opportunities, boating, climbing wall, smores and more! Cost is \$50/student and you can register on the Sign Ups page on the Centenary website (www.centenary-ws.org). Registration deadline is Wednesday, September 18. Need more information? Contact Rev. Kate May (ext.1331/kmay@centenary-ws.org).

Children's Music Ministry Begins Wednesday • September 18

Children's Music Ministry will kick off a new year with family dinner and rehearsals beginning on Wednesday, September 18. We have music opportunities for 2 year olds all the way up through 5th graders on Wednesday evenings beginning at 6 pm. We always start with an optional family friendly meal at 5:30 pm, that is \$5 for 6th graders up through adults, \$3 for children 3 years through 5th grade and those younger than 3 are free! Join us on Wednesdays for all the fun of a great new school year filled with music! Need more information? Contact Rev. Kate May (ext.1331/kmay@centenary-ws.org) or Jonathan Emmons (ext. 1339/jemmons@centenary-ws.org).

YOUTH

September 8

8:30, 9:00, 11:00 am	Worship
10:00 am	Sunday school
11:00 am	Love Thy Neighbor (LTN) set up
12:00-2:00 pm	LTN & Medical Clinic

September 15

8:30, 9:00, 11:00 am	Worship
10:00 am	Sunday school
5:00-6:30 pm	Angst Movie Screening and Panel Discussion

CONGREGATIONAL CARE

Stephen Ministry Friends stepped in . . .

"My wife got hurt on the job and is now in a wheelchair. One of my friends called me and said, 'We are going to get you a Stephen Minister' and I said, 'Well, it's time'."

Could you or someone you know benefit from a Stephen Minister's help through a difficult time? If so, contact Judy Ingram (336-407-3986), Phil Ashley (336-766-0196), or Rev. Craig Ford (ext. 1353). Trained and caring help is available through Centenary's Stephen Ministry.

GriefShare

GriefShare is a video seminar series that features some of the nation's foremost Christian experts on grief and recovery topics as seen from a biblical perspective. The video seminars are combined with a support group discussion of the information presented during the video and how participants are dealing with the death of their loved one. The 13 weekly seminars will take place from 9:30 am – 11:00 am on Thursdays, beginning on Thursday, September 12, 2019 and continue through December 12, 2019. The GriefShare group will meet in the Parlor at CUMC, entering on 4 ½ Street. For registration and questions, please contact Sandra Gramley (ext. 1352).

ADULT FORMATION

Small Group Bible Studies **Disciple “Fast Track” and Beyond!**

Are you interested in learning more about the Bible? Have you been in a small group before, but are no longer attending? Have you led or participated in a Disciple Bible Study here at Centenary, and are now interested in finding out what's new in the Disciple series, as well as other interesting short-term Bible studies? If your answer is “yes” to any of these questions, please join Rev. Bret Cogan on Monday September 16 at 7:00 pm in the Dining Room. Bret will preview several of these short-term small group studies so you can explore the material and see what piques your interest. If you have questions, please contact Rev. Bret Cogan (ext. 1334/bcogan@centenary-ws.org).

Women's Brunch **October 12 • 9:00 am-12:00 pm • Memorial Auditorium**

Our presenter will be Jenny Beaumont, the Director of Adult Formation at Christ Episcopal in Charlotte. She will help us discover Joy and find Balance during the holidays. The cost is \$10 and this includes brunch and childcare. Registration may be made online at www.centenary-ws.org/sign-up, or by calling the church at 336-724-6311. The deadline for registration is Monday, October 7. After the deadline, late registration is \$5 and does not include brunch or childcare. (Although you are welcome to bring your own brown bag option.) This event is co-sponsored by the UMW and Centenary's Adult Formation Team. All women are welcome! Invite a friend to come along!

ENGAGEMENT

Blessing of the Animals **Saturday • September 14 • 10 am - Noon • Front Lawn**

Bring your animals to church to receive a blessing of their own! Our Centenary ministers will be offering prayers and blessings over pets from 10 am until noon on the front lawn. Invite the pets of your friends and neighbors as well. We want all of God's creatures to experience a blessing. There will be snacks for all of God's creatures.

Engagement Fair **Sunday • September 15 • 9:00 am - 12:30 pm • Front Lawn**

Find your mission at Centenary's annual Engagement Fair. At this event, ministries and programs will have displays on the front lawn for our membership and guests to peruse and learn about the many opportunities to engage in the life of the church. Come early and plan to learn where you can serve and be involved. Light refreshments will be provided throughout the morning. For questions, contact Rev. Jeremy Pegram (ext. 1361/jpeggram@centenary-ws.org).

Dinner for 8

Dinner for 8 is an opportunity for our church family to meet in small groups of eight, just as the name suggests, for dinner on a monthly basis. This is a great way to get to know your fellow worshippers and have a time of fellowship beyond Centenary's worship experiences. Groups will meet monthly starting in November and will end their organized time together in May. Registration is open through October 7, 2019. For more information and to register visit: centenary-ws.org/sign-up. For questions, contact: Rev. Jeremy Pegram at (336) 397-1361 or at (ext.1361/jpeggram@centenary-ws.org).

DAYBREAK/RESPITE CARE

Respite Care Openings

Respite Care has openings for older adults with memory impairment. Socialization, fun and stimulating activities and lively conversation are the norm among the participants and volunteers in the DAYBreak room on Mondays, Tuesdays, Thursdays and Fridays from 10:00 am – 3:00 pm. Schedule a visit or bring your loved one to experience a few hours with this fun group. Contact Debbie Pilson (ext. 1345/dpilson@centenary-ws.org).

Back to Church Barbeque **Sunday • September 22 • 10:00 am - Noon • Auditorium**

Purchase your tickets now for the DAYBreak Respite Care Back to Church Barbecue. Tickets are \$15 per plate and can be ordered online by visiting www.centenary-ws.org/sign-up. On September 22, you may pick-up orders starting at 10:00 am in Memorial Auditorium. The deadline to purchase your ticket is September 13. For more information, contact Debbie Pilson (ext. 1345).

MUSIC AND THE ARTS

Poetry Slam **September 11 • 7 pm • Piner Hall**

The yearly poetry slam, in collaboration with Arbor Acres, will take place in Piner Hall on September 11. Please join us for an inspiring evening of favorites and personal writings. Light refreshments will be served.

Inspiration Through Stained Glass **September 15 • 3 pm • Sanctuary**

Do you know where the hippopotamus is in the Sanctuary? Join this walking tour of the Centenary Sanctuary windows as Martha Brown shares their stories, the significance of each window, their hidden images and their meanings. There's more in them than meets the eye. Printed materials will be shared during the tour. Please contact the music office for any questions (336-724-6311 ext. 1336) 9

Winston-Salem Girls Chorus Auditions

The Winston-Salem Girls Chorus (WSGC) is holding auditions for new singers from the ages of 8 - 18. WSGC is a non-profit, graded, community choral program, and a partner with Centenary's Music and the Arts Ministries. WSGC is proud to begin celebrating their 21st Anniversary Season and invites girl singers to come and join us! For more information or to schedule an audition contact WSGCSing@aol.com, (336-922-4073), or visit www.wsgirlschorus.org.

Bill Gramley Writing Workshop

September 26 - October 31 • 3:30 pm • Haven 210

The Music & Arts Ministry invites you to join "Memories and Reflections in Our Lives, a class led by local writer and artist Bill Gramley. The first class will be held September 26 from 3:30-5 PM and run weekly until October 31. A fee of \$25 is payable to the church before the class begins. For questions, contact Barbara Byrd (336-748-1629).

MISSIONS

Loaves & Fishes

September Food of the Month

Loaves & Fishes offers support and sustenance to our neighbors each Tuesday morning, and your donations help keep our food pantry stocked. For the month of September, we are collecting canned tuna. Please bring your food donations to the Missions bins, located just inside the 4½ Street Entrance.

Samaritan Inn

Friday • September 13

On the second Friday of each month, volunteers from Centenary serve at Samaritan Inn. The evening begins at 6:15 pm with an orientation. Volunteers serve a meal to overnight guests, spend time in fellowship and then take shifts watching security monitors overnight. Before leaving at 7:00 am, volunteers help serve breakfast. This is an easy and rewarding way to engage in local missions. To participate, visit centenary-ws.org/sign-up. For more information, please contact Rev. Jeremy Pegram (ext. 1361)/jpegram@centenary-ws.org.

Haiti Mission Trip Interest Meeting

March 14-20, 2020

Centenary will travel to Port-au-Prince, Haiti for 7 days. In that time, we will connect with our friends at Haiti Outreach Ministries, participate in light construction or other work projects, visit local orphanages, and worship and fellowship with our brothers and sisters there. For questions or to register, please contact Rev. Jeremy Pegram (ext. 1361). There will be an interest meeting on Wednesday, October 2, 2019 at 6:00 PM in the Dining Room.

Rise Against Hunger

Sunday • October 13 • 2-4pm • Memorial Auditorium

We invite you to join us for our annual meal packing event. This year, we will pack 20,000 meals and there is a spot for everyone, from tall to small. If you are younger than sixth grade, please be sure to bring an adult with you. In addition to our meal-packers, at 1 pm, we need five to seven folks to help unload our materials into Memorial Auditorium. Then, at 4:00 pm, we need three people to help with the clean-up crew. Working together, we can make a tangible difference in the lives of God's children. For questions, please contact Rev. Jeremy Pegram (ext. 1361)/jpegram@centenary-ws.org).

ALTAR GUILD

Bring Your Vases: Help Altar Guild Share Flowers with our Congregation

Have you ever wondered what happens to our beautiful altar flowers each week following worship? We have an amazing group of Altar guild volunteers who deconstructs the flowers into smaller arrangements that are then shared with our members by the Congregational Care team. You can be a part of this special ministry by donating vases that you no longer use. Bring the vases to church and leave them by the mission bins just inside the 4 ½ Street entrance or bring them to the sacristy in the business office. Do you have questions or would you like to be a part of the team that makes these beautiful arrangements? Contact Elizabeth Gatewood (etomgate@aol.com) or Rosemary Pulliam (rgpulliam@att.net).

CENTENARY LEADERSHIP CONNECTIONS

Reception Desk • 336-724-6311

Use Extensions Below Staff Listing
Minister on Call (Prompt 2)

Reverend Dr. P. Glenn Kinken III, Senior Minister
gkinken@centenary-ws.org | ext. 1362

Mary Ann Wexler, Executive Director
mwexler@centenary-ws.org | ext. 1346

Martha Bassett
Alternative Music Leader
mbassett@centenary-ws.org | ext. 1343

Reverend R. Craig Ford
Associate Minister
cford@centenary-ws.org | ext. 1353

Reverend Jeremy Pegram
Assoc. Minister of Evangelism & Engagement
jpegam@centenary-ws.org | ext. 1361

Susan Bates
Organist and Music Associate
sbates@centenary-ws.org | ext. 1340

Sandra Gramley
Congregational Care Coordinator
sgramley@centenary-ws.org | ext. 1352

Doug Peninger
Director of Communications
dpeninger@centenary-ws.org | ext. 1368

Reverend Bret Cogan
Assoc. Minister of Adult Formation & Education
bcogan@centenary-ws.org | ext. 1334

Stacy Holley
Exec. Assistant to Senior Minister
sholley@centenary-ws.org | ext. 1359

Debbie Pilson
Director of DAYBreak/Respite Care
dpilson@centenary-ws.org | ext. 1345

Kristy Eaton
Contributions
keaton@centenary-ws.org | ext. 1341

Reverend Kate May
Associate Minister with Children
kmay@centenary-ws.org | ext. 1331

Tamara M. Pollock
Director of Youth Ministries
tpollock@centenary-ws.org | ext. 1337

Jonathan Emmons
Director of Music & the Arts
jemmons@centenary-ws.org | ext. 1339

John Markle
Director of Operations
jmarkle@centenary-ws.org | ext. 1347

John Rogers
Director of Information Technology
jrogers@centenary-ws.org | ext. 1356

RECORD OF OUR FAITHFULNESS

August 27 - September 2

Worship Attendance

11:00 am Traditional	347
9:00 am Rejoice!	102
8:30 am Simplify	39
Nursery	30
Centenary Live Stream	163
Roots Revival	65

Total	746
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Contributions

Offering	\$26,050
Special Gifts	2,215
Centenary Fund	0
Capital Campaign	6,583

Total	\$34,848
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Sunday School	136
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Angst is an IndieFlix Original, documentary designed to raise awareness around anxiety. The film includes interviews with kids, teens, educators, experts, parents and a very special interview with Michael Phelps.

Rais.com/ma

IndieFlix



Our goal specifically is to help people identify and understand the symptoms of anxiety and encourage them to reach out for help.

For More Information:

Rev. Kate May
kmay@centenary-ws.org

Tammy Pollock
tpollock@centenary-ws.org

55 MINS - APPROPRIATE FOR AGES 10 AND UP

As a church, we are coming together to start a conversation about stress and anxiety, how it affects our children and teens (and those around them), and share helpful tips and resources to give hope to all.

SUNDAY • SEPTEMBER 15

5:00PM - 6:30PM

**CENTENARY UNITED METHODIST CHURCH
MEMORIAL AUDITORIUM**

This event is appropriate for 3rd graders
and older with accompanying parents.

View this highly rated documentary
and hear from our panel of experts.

Panel will include community clergy,
professional counselors and parents.

SPONSORED BY



646 W. Fifth Street | Winston-Salem, NC 27101 | www.centenary-ws.org | 336-724-6311

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Winston-Salem, NC 27102
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336-724-6311



A Stephen Ministry Congregation



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